



**BACKGROUND INFORMATION / MEDICAL HISTORY**

To ensure you receive a complete and thorough evaluation, please provide us with the important background information on the following form. If you don't understand a question, leave the area blank and your therapist will assist you. Thank you!

**Patient's Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Gender: M F**

**Are you currently: (please check one)**

- Working at your usual job without restrictions
- Unable to work because of your condition
- Working at your usual job with restrictions (Off work since \_\_\_\_\_)
- Retired / Unemployed / Homemaker
- Student

**Primary Care Physician Name:** \_\_\_\_\_

**What is your primary reason for today's appointment?** \_\_\_\_\_

**Please briefly describe your symptoms:** \_\_\_\_\_

**Onset Date:** \_\_\_\_\_ **Duration:** \_\_\_\_\_

**Have you ever been seen for this problem?** Yes No

If Yes, by which profession (i.e. doctor, physical therapist, chiropractor, etc.) \_\_\_\_\_

**Past Medical History - Have you EVER been diagnosed with any of the following conditions?**

**(Please check all that apply)**

- Heart disease
- Heart attack
- Irregular heart rhythm
- Chest pain / Angina
- Asthma
- Shortness of breath
- Emphysema / Bronchitis
- Diabetes (Type I or Type II)
- Hypertension (High blood pressure)
- Low blood pressure
- Osteoporosis
- Arthritis
- Rheumatoid arthritis
- Cancer
- Stroke
- Multiple sclerosis
- Epilepsy
- Thyroid problems
- Hepatitis
- Tuberculosis
- Bladder / Urinary tract infection
- Anemia
- Blood clots
- Circulation problems
- Current pregnancy: # of months \_\_\_\_\_
- Past pregnancy
- Pelvic Inflammatory Disease
- Depression / Anxiety
- Chemical dependency
- Other: \_\_\_\_\_

**Past Surgical History** (Please include type and date):

**List all known allergies including latex, rubber, and tape:**

**How many cups of caffeinated coffee or caffeine containing beverages do you consume per day?** \_\_\_\_\_

**Are you a Smoker?** YES NO **If YES, how many packs per day?** \_\_\_\_\_

**How many alcoholic drinks per week do you consume?** \_\_\_\_\_

**Which of the following OVER-THE-COUNTER medications have you taken in the last week?**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Aspirin                    | <input type="checkbox"/> Laxatives                      | <input type="checkbox"/> Naproxin / Aleve |
| <input type="checkbox"/> Tylenol                    | <input type="checkbox"/> Antacid                        | <input type="checkbox"/> Other: _____     |
| <input type="checkbox"/> Advil / Motrin / Ibuprofen | <input type="checkbox"/> Vitamins / mineral supplements |   |

Please list all know prescription medications you are currently taking, to include the frequency, dosage and method of delivery (i.e. oral, injection, etc.), or you may attach list:

Medication	Dosage	How Often	Method of Delivery (i.e., injection, etc.)

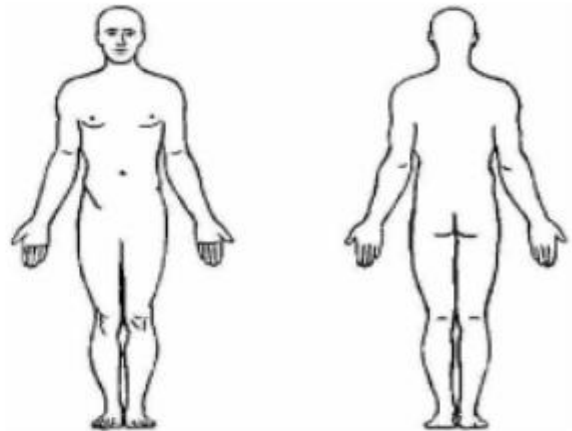
During the past month, have you been feeling down, depressed, or hopeless? YES \_\_\_\_\_ NO \_\_\_\_\_

During the past month, have you had little interest or pleasure in doing things? YES \_\_\_\_\_ NO \_\_\_\_\_

**Body Chart:**

Please mark the areas where you feel symptoms on the chart to the right with the following symbols to describe your symptoms:

- |                       |            |
|-----------------------|------------|
| ↓ Shooting/Sharp pain | Numbness   |
| ○ Dull/aching pain    | = Tingling |



**Current Level of Pain:**

No pain 1 2 3 4 5 6 7 8 9 10 Worst imaginable pain

**BEST for the last 48 hours:**

No pain 1 2 3 4 5 6 7 8 9 10 Worst imaginable pain

**WORST for the last 48 hours:**

No pain 1 2 3 4 5 6 7 8 9 10 Worst imaginable pain

**WHAT IS YOUR PERSONAL GOAL FOR THERAPY?** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Form reviewed with patient?**  YES  NO **Therapist initials** \_\_\_\_\_